

Thirtieth Anniversary Newsletter

Volume 1, Issue 6

August 23, 2010

Family Expands Big Time

State of the Union (Goodman Family)

By Mitch Goodman

Well here we are for the 6th newsletter, or 30 years worth. I will try and include all the important happenings to the family since our last installment. Unfortunately, I don't remember so much anymore.

Here is a snapshot of the family now:

Joshua is home and doing lots of chores, computing and TIVOing. Shari is home (just back from Israel) and being a cheerleading coach.

Matthew is living in Guilderland, NY with his new wife Jaime Flesh Goodman and is sales director for a cell phone company.

Marla is home and Weight Watching and exercising and almost off oxygen and doing great.

Mitch is mostly working, working, working and swimming and writing newsletters and slide shows.

We have added a whole northern family branch that was missing, but now found, and now Joshua has a new sister, Jaime.

Lots has gone on over 5 years, and who knows what the next 5 years will bring.

Editors Note:

**Due to a writers strike,
This edition was delayed.**

**Sorry for any
inconvenience.**

Shari WHO

By M.A. Goodman

Shari has gone thru so much in 5 years. Off to Orlando for college. A dog. A fiancé. Back home. Another dog. Breast reduction. No fiancé. Drew. Waitressing. Cheerleading. Cheerleading. Cheerleading. Lions and tigers and bears, oh my.

What is she up to? I don't know. She is always on the go. A perpetual motion machine. Working out and getting those cheerleaders ready for competition. Actually taking care of her dogs. Now what am I to do with the dog treats in my office.

I hope she decides what she wants to be when she grows up. Marketing, advertising, nail technician, Cheerleading, something. She is an adult now and has to make up her own mind.

We will find out what happens in the next newsletter....

To be continued....



Family Status Update

Joshua:
Boca Raton High School
West Boca High School

Shari:
Community College—Orlando
Nail Technician - TBA
Community College—Palm Beach
Shoe Store Clerk
Cheerleading Coach

Matthew:
Cell Phone Sales
Regional Sales Manager—Albany Market

Jaime:
Assistant Manager Vitamin Store

Mitch:
Publix - 5 Years

Marla:
Housewife

Marly and Opie
Barking in the backyard
Barking in the house
Barking at Joahua

Tonka and Bullet
Gong to the dog park
Eating the couch
Eating the wall
Bullet driving a car

The Apple doesn't Fall far from the tree.....

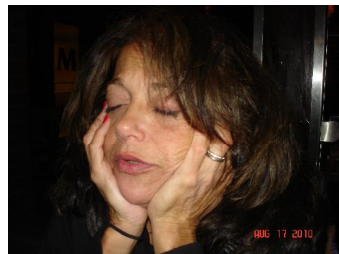
A photo essay by Shari Goodman



We are both the nicest people



We are camera shy



But there is never a dull moment



We take pictures in the car

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The Apple doesn't Fall far from the tree.....

A photo essay by Shari Goodman

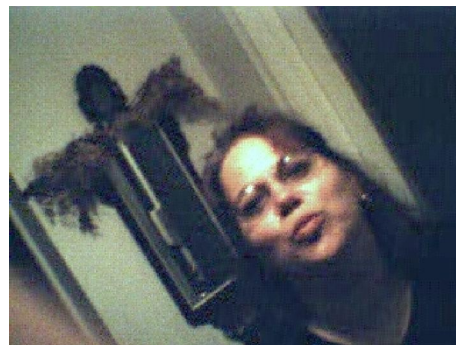
(continued)



Always ready for a photo shoot



We love makeup



We love

Who Said It

By Mitchell Alan Goodman

Can you place these famous sayings.

1. **Do you have a gun?**
2. **Opie say – I love you.**
3. **I can't take it anymore.**
4. **I gladly pay you Tuesday for a hamburger today.**
5. **Grandma gives me oatmeal.**
6. **Mom, can you watch my dogs tonight?**
7. **Little Goodman!!**
8. **Where's Uncle Sparky's hair – Down the drain.**
9. **Is Herna my best friend.**
10. **I am Iron Crab.**
11. **I need olives (or hotdogs, pizza, cheese, more water, salad, etc.)**
12. **Call Montoya – we are having her party, after the new flood dries.**
13. **Jaime's a monkey**
14. **It's not a duck, its my dad visiting**
15. **When are we going to Disney**
16. **It is what it is**
17. **She broke her leg, not foot, and I knew about it anyway**
18. **I can save you money on your cell bill**
19. **We are moving to Albany Friday**
20. **Sushi**



Where is Matthew

By Mitchell Alan Goodman

Where is Matthew? You ask.

Well he certainly moved around a lot in the last 5 years. From Pennsylvania to Boca Raton, to West Palm Beach, back to Boca Raton, to Voorheesville and finally to Guilderland. From single to engaged to single to engaged to single to engaged to single to engaged to married. From no dogs to one dog, to two dogs, to two dogs and three cats, to no cats, to two dogs and a wife.

Matt had major back surgery and seems to be

doing fine now. He even stopped smoking (hint to Shari). He works out almost every day (hint to dad). He doesn't talk to the fan (hint to mom).

Now that Matthew is married to Jaime, who knows where they will end up. The whole world is open before them with exciting choices and opportunities at every turn.

Read his Full story on Page 7

Marla the Weight Watcher

By M. A. Goodman

As reported in the last newsletter, Marla was very sick. Over the last 5 years, her health has improved and it can be attributed to several things. Sarcoid is only supposed to last a year or two. Of course, it has lasted much longer for Marla. But due to her optimistic attitude, fantastic doctors, experimental medication and weight watchers, things have improved. As a matter of fact improved is an understatement. She is doing fantastic.

She was diagnosed with Pulmonary Hypertension, on top of everything else. One treatment was to use Viagra to dilate the blood vessels. Not a cure, but it treats the symptoms. Unfortunately, Mitch uses all the Viagra available. So, the doctors put her on an experimental medication to cure it. Did it work, we won't know till next month.

Marla started pulmonary rehab at the hospital gym. She started twice a week and her physical being improved. Did it work, we don't know.

In January, she joined Weight Watchers and so far lost 60 pounds. Did it work, we don't know.

But the total effect off all the treatments, medications and weight loss must have done something. Marla is rarely using oxygen during the day, but still must use it at night.

She looks Fantastic!! Mitch says he now has a trophy wife.

P.S. – if you have extra Viagra send it to Mitch.



Matthew Meets his Match

By Matthew Adam Goodman

This fairy tail like story begins on a sunny day in a dog park in Boca Raton, Fl. Just like all good stories, we start with the three main characters Matthew, Tonka, and Bullet. The three of them were playing Frisbee in the field of the dog park, when the third main character in this happy ending story is approaching the park. Jaime was bringing her landlord's dog, Sampson to the park since his owners did not take him out of the house much. Sampson was so excited when they passed though the gates of the park he could not contain himself and leaped out of the window from Jaime's moving Jeep Grand Cherokee. Shocked beyond belief, she slammed on the brakes and put her SUV in park and she came to a screeching halt. The infamous words she said next would be the running joke of how Jaime and Matthew first encountered one another.

"Sampson! Sampson!"

After a moment or two Sampson was caught and put back into Jaime's SUV and she continued to a parking spot (with her windows rolled up). She was still screaming "Sampson! I will turn this car around if you don't behave". Of course Sampson had no idea what was being said. He fixated on just getting into the dog park and having a great time playing with the other dogs he was going to encounter.

Matthew overheard her screaming at Sampson with his supersonic hearing and watched as Jaime led Sampson into the park. Once he was in the park and Jaime was walking toward the pavilion Matthew had to ask "Are you ok crazy lady?" and Jaime replied "Does it look like I am ok?" The two of them sat on a bench and talked for almost two hours and after a while the three dogs and both humans started getting restless and bitten by mosquitoes, they decided was time to go. By this time Matthew did not want to leave the company of Jaime and instead of asking her if she would like to spend some more time together outside of the park. He said we are going to get some coffee and Jaime did not put up a fight and said alright.

After coffee, both parted ways and said they would see each other soon. When Jaime and Matthew met, she had recently broken up with her boyfriend, but lived in the same house in different rooms. She did not think it to be fair to Matthew that she would see him during the day and at night be living under the same roof as her ex-boyfriend. She told Matthew once he moved out she would contact him and pursue the relationship. Matthew was shocked by Jaime's honesty and agreed to the arrangement. The next two weeks Matthew and Jaime saw each other at the dog park, and sent text messages back and forth every so often.

Once Jaime's ex moved out she said lets go on an official date without our doggie

companions. The two of them went out for sushi that night and had great laughs. After the meal Jaime came back to the Goodman's house and met Momma Goodman. Oh boy, was that a mess! By the time Matthew and Jaime returned to the house Jaime was three sheets to the wind. Momma Goodman and Jaime tried to hold a conversation and all Jaime kept repeating was "it is what it is". Finally Matthew and Jaime retired to 'Building B' of the Compound. After that night Jaime was a little embarrassed to come around for a week or two. But the fear soon subsided when Momma Goodman would not stop insisting that Jaime come to dinner with the Goodman clan.

Months go by and now Jaime and Matthew are engaged and living in Building B with Matthew, Tonka, and Bullet. She gets into school in the Caribbean and they tell her she needs to take a few prerequisites to start school. She calls the local community college but classes have already started. Jaime suddenly remembers school starts later in New York then in Florida and calls the community college in Albany and they accept her immediately! Oh no, four days till school starts! Both Matthew and Jaime pack their cars quick as they can and tell Mom and Dad Flesh that the whole crew is moving to Albany and going to be staying with them for a while. You need to realize that Mom and Dad Flesh are cat people, not dog people. So Matthew and Jaime are bringing two very rambunctious dogs into a house of three cats. The time they spent at the Flesh's was wonderful! Dad Flesh

bonded with Tonka and he became his little sidekick and bullet... well, just say he kept the cats active and running around.

Finally it came time to leave and for Matthew and Jaime to find a place of their own. A town house complex called Presidential Estates became their new home. When August rolled around Matthew and Jaime are frantically trying to prepare the finishing touches for the wedding. On August 15th, 2010 the wedding goes off without a hitch. The ceremony is full of laughs and all of the guest have a great time. Jaime's and Matthew's wedding had to be the most amazing wedding ever held at Glen Sanders Mansion! After a few days Matthew and Jaime go on their honeymoon cruise to the Western Caribbean on Liberty of the Seas by Royal Caribbean. You can write a novel of all the crazy and wonderful adventures that happened on the Ship and excursions.

And now back to present day. Matthew and Jaime are still living on Monroe Ct in Presidential Estates with Tonka and Bullet. That is the past few years in a nutshell.

So until the next newsletter...Have a great
5 years!

Happy Birthday Mom!